

# Preserved Foods Competition Handbook

# Adult

## IMPORTANT DATES

<b>Online or Paper</b>	
<b>Entry Form deadline</b>	<b>Friday, December 9, 2022</b>
<b>Late Entry Period</b>	<b>December, 10 – 16, 2022</b>
<b>Deliver items to the Florida Center —</b> located at the Florida State Fair. (see page 5)	<b>Thursday, January 12 thru</b>
	<b>Saturday, January 14, 2023</b>
	<b>THR - FRI hrs: 9:30 a.m.-6 p.m.</b>
<b>Shipping Information —</b> (see page 5)	<b>SAT hrs: 9:30 a.m. – 4:00 p.m.</b>
<b>Items exhibited</b>	<b>February 9 – 20, 2023</b>
<b>Entry pickup</b>	<b>Wednesday, February 22 thru</b>
	<b>Saturday February 25, 2023</b>
	<b>WED - FRI hrs: 11 a.m. – 6 p.m.</b>
	<b>SAT hrs: 11 a.m. – 3 p.m.</b>

For more information, contact  
Competitive Exhibit Coordinator

**Brenda Gregory**

Phone: 813-734-2810

Email: [brenda.gregory@floridastatefair.com](mailto:brenda.gregory@floridastatefair.com)



## Benefits of Competing?

The Florida State Fair is proud to showcase the bounty of talented people from around the state. Not only do we provide you the opportunity to win ribbons and prize money... it's also a great way to share your talent with a larger community. **In appreciation... all exhibitors receive a FREE ticket to attend the fair.**

## Competition Overview

<b>Entry Fee:</b> Adult Divisions	\$3 per entry
<b>Late fee</b>	\$6 per entry

### Entry Fees are non-refundable

All information regarding Creative Living Competitive Exhibits can also be found at [www.floridastatefair.com](http://www.floridastatefair.com) >> **PARTICIPANTS** (top of page) >> **CREATIVE LIVING** (drop down)

**How to enter online** – page 5

**General Rules** – page 6

**Paper entry form** is available on the last page.

**Exhibitors are encouraged to read this handbook in its entirety.**

## Eligibility

- **The Preserved Foods Adult Division** is open to all Florida residents ages 18 and up.

## Divisions in the Preserved Foods Competition

- Sweet Preserves – page 3
- Dehydrated Food – page 3
- Pickles & Relishes – page 4
- Canned Foods – page 4

**To enter as a group or organization contact Creative Living office at 813-627-4309.**

**For Youth Preserved Foods Competition see the Youth Preserved Foods Competition Handbook.**

## Entry Rules

1. Exhibitors may enter as many divisions and classes as they like, but only two (2) per class.

### PREPARATION GUIDELINES

2. All entries must have been preserved within the last year (12 months). Preservation means foods are stable at room temperature, not needing additional refrigeration or cooling for safety.  
**NOTE:** Refrigerator products are not preserved, and not eligible.
3. All jars must be clear glass (standard) canning jars of half-pint (8 oz.), pint (16 oz.), or quart (32 oz.) size. **However, 4 oz. canning jars are allow for the Sweet Preserves Division ONLY.** Jars must be clean. Rings and lids should be free from rust. No other jars will be accepted! All products must be sealed by water bath or pressure canner; paraffin will not be accepted. **See individual division for specific jar sizes. Unless specified, use appropriate size container for recommended canning process.**
4. **Exhibitor must submit two (2) jars for each entered item:** one for exhibiting and one that can be opened for testing.
5. **Dehydrated Food:** Use a glass jar with a rubber gasket in the lid to provide a better seal.
6. Unsealed exhibits or products showing signs of spoilage will not be judged.
7. Jars must be labeled on the front near the bottom with the name of product and date canned. Exhibitor name must be on the bottom of jar.

### GENERAL ENTRY RULES

8. Each adult exhibitor will receive one (1) daily admission ticket to the Fair.
9. Exhibitor cannot use any previous years' product(s).
10. Entries must have been prepared/made/processed by the exhibitor in whose name they are entered.
11. All unopened entries will be returned to the exhibitor on entry pickup dates.
12. Entered items must be accompanied by the attached recipe form and must be typed.  
**See Page 7 for Recipe Form instructions and Recipe Form on Page 8.**

The Preserved Foods Exhibition will be held in the Florida Center during the Florida State Fair. The exhibit will be open for your viewing pleasure.

## Judging & Awards

The Fair ensures that the judges we employ are knowledgeable in the division in which they are judging and will be impartial. Judges reserve the right to reassign entries to a more appropriate division or class. Judging will be done using a scorecard to assist in keeping decisions as objective as possible. **The decision of the judge(s) is final.**

The Florida State Fair judging of Preserved Foods Classes will be based on guidelines established by the USDA (Judging Home Preserved Foods.) The described criteria are based on canning procedures in the USDA Complete Guide to Home Canning as well as food drying recommendations from recognized resources in the Cooperative Extension System. **This information is available online at:**  
<https://nchfp.uga.edu/>

**For videos on home food preservation**  
[https://nchfp.uga.edu/multimedia\\_videos.html#gs.c.tab=0](https://nchfp.uga.edu/multimedia_videos.html#gs.c.tab=0)

If, at the Judge's discretion, an entry does not merit a placing, the Judge shall give no award under any circumstance. This rule applies whether there are one or more exhibits in the Class.

## Awards Information

### Preserved Foods – Adult Division

**First Place – State Fair Ribbon \$15**

**Second Place – State Fair Ribbon \$10**

**Third Place – State Fair Ribbon \$5**

*Recipes for the following year's official Florida State Fair's Cookbook will be chosen from this year's winning recipes.*

**Best of Show – State Fair Ribbon \$30**

Best of Show Award will be chosen from the first place winners in each Adult Division.

**Honorable Mention Ribbons** may be awarded, at the discretion of the judge(s).

**The 2022 Preserved Foods Best of Show was Shannon Gaines.**



## Sweet Preserves – Divisions & Classes

### Definitions

**Preserves:** Preserves are fruits (or uniform pieces of fruit) preserved with sugar so that the fruit retains its shape, is clear and shiny, tender and plump. The syrup is clear and varies from the thickness of honey to that of soft jelly.

**Chutney:** A sweetened fruit preserve that also contains onion, nuts or other savory, chunky ingredients.

**Marmalades:** A soft fruit jelly containing small pieces of fruit or peel evenly suspended in transparent jelly. Marmalades are a traditional way of preparing citrus-based jellies.

**Jam:** Jams are made by cooking crushed or chopped fruits with sugar until the mixture will round up in a spoon. There should be no separation of fruit and juice.

**Fruit Butters:** Butters are made by cooking fruit pulp and sugar to a thick consistency that will spread easily. Spices may be added; the amount and variety depend upon personal taste. If a smooth texture is desired, the pulp can be put through a food mill and then strained through a fine-meshed sieve. Fruit curds would be included in this class.

**Jelly:** A semi-solid mixture of fruit juice and sugar that is clear and firm enough to hold its shape, yet it is soft enough to spread easily. A Jelly should not contain pieces of product. (Exception: pepper jelly may have pieces of pepper suspended in it).

### Quantity Requirements – Sweet Preserves



**Exhibitor must submit two (2) jars for each entered item. 4 oz. canning jars,** Half-pint or pint canning jars only.

## Dehydrated Foods – Divisions & Classes

### Judging Criteria – Dehydrated Foods

#### Appearance - 40%

(Color - 15%, Size & shape - 15%, Container - 10%)

#### Texture - 25%

#### Flavor or Odor - 35%

### Quantity Requirements – Dehydrated Foods

**Exhibitor must have two submissions for each entered item.**

### Sweet Preserves – Adult

Division 60.101

#### Class Description

- 1 Preserves & Chutney
- 2 Marmalades
- 3 Jams
- 4 Butters
- 5 Jelly

### Judging Criteria – Sweet Preserves

**Pack – 10%** (1/4" headspace, free from air bubbles)

#### Texture - 30%

- **Marmalade** - Small thin pieces, clear, thick syrup
- **Preserve & Chutney** - Pieces firm and whole, clear, thick syrup
- **Jam** - Crushed fruit, no separation of fruit and juices
- **Butter** - Fruit pressed through a sieve, no separation of fruit and juice; should have a smooth consistency
- **Jelly** - Tender, clear, should quiver, cut easily and retain shape, no crystals

#### Flavor - 30%

#### Appearance - 30%

(Color - 15%, Clearness - 10%, Container - 5%)

**Display entry** use a glass jar with a rubber gasket in the lid to provide a better seal.

Use appropriate size container for type or size of dried food.

### Dehydrated Foods – Adult

Division 60.102

#### Class Description

- 1 Vegetables
- 2 Fruits
- 3 Spices
- 4 Other Not Listed

## Pickles & Relishes – Divisions & Classes

### Definitions

**Pickles:** Foods fermented or preserved in an acid brine or vinegar.

**NOTE:** Refrigerator products are not preserved, and not eligible.

**Relish:** Relishes are prepared from fruits and/or vegetables which are chopped and cooked to desired consistency in a spicy vinegar solution. Sometimes sugar is added if a sweet relish is desired and sometimes hot peppers or other spices are added for a hot relish.

**Fermented Foods** other than pickles.

### Quantity Requirements – Pickles & Relishes

**Exhibitor must submit two (2) jars for each entered item.** Use pint or quart canning jars unless specified, use appropriate size container for recommended canning process. Some pickles and relishes are to be canned in jars no larger than pints.

### Pickles & Relishes – Adult Division 60.103

#### Class Description

- 1 Sweet
- 2 Dill
- 3 Bread and Butter
- 4 Vegetables
- 5 Fruit
- 6 Fermented Foods (veggies, fruit, etc.)
- 7 Other Not Listed

### Judging Criteria – Pickles & Relishes

**Texture - 25%**

**Pack - 45%** (space well used - 10%, proportions of solids and liquids - 10%, uniformity - 15%)

**Appearance - 30%**

(Color - 15%, Liquid - 10%, Container - 5%)

## Canned Foods – Divisions & Classes

### Definitions

**Tomato Products:** These products include spaghetti, barbeque sauces, ketchups & salsas.

### Quantity Requirements – Canned Foods

**Exhibitor must submit two (2) jars for each entered item.** Use pint or quart canning jars unless specified, use appropriate size container for recommended canning process. Some canned foods are to be canned in jars no larger than pints.

### Canned Foods – Adult Division 60.104

#### Class Description

- 1 Fruit
- 2 Vegetables
- 3 **Tomato Products (sauces, ketchups & salsas)**
- 4 Other (beans, meats, poultry, seafood, soups)



### Judging Criteria – Canned Foods

**Texture - 25%**

**Pack - 45%** (space well used - 10%, proportions of solids and liquids - 10%, uniformity - 15%)

**Appearance - 30%**

(Color - 15%, Liquid - 10%, Container - 5%)



## How to Enter Online

We encourage you to enter online, using ShoWorks. The Florida State Fair has implemented ShoWorks, an on-line entry program. ShoWorks is an industry standard used by over 50 fairs nationally. This user-friendly program can be trusted to accurately enter you into our competitions and allows for efficient communications via e-mail. We are excited to have ShoWorks to better facilitate entering Florida State Fair competitions.

- **Take a moment to look through this Competition Handbook to see which division and class your entry is eligible to compete in.** Then, follow the easy steps listed below to enter the competition you have chosen.
- **To Enter Online using ShoWorks.**  
Go to **www.floridastatefair.com** and at the top of the home page select the **PARTICIPANTS** TAB and you will see in the dropdown list a link for **CREATIVE LIVING**. Select the **ENTER ONLINE** link on the left side of the page.
- **Everyone must register as a new exhibitor even if you have competed in the past.**
- **Note that sessions expire after 20 minutes** of inactivity, so “save the cart” if you plan on leaving the computer for more than 20 minutes.
- When registering, please verify that all information that you entered into ShoWorks is correct. Please pay special attention to capitalization, full names of cities/counties and use proper spelling (no abbreviations).
- You can pay fees online with a credit card or delay payment and mail in a check to Creative Living.

## Mailing Paper Entry Forms

- **Entry Forms must be postmarked by Friday, December 9<sup>th</sup>, 2022.**  
*Failure to complete any portion of entry form may result in disqualification.*

**Late entries must be postmarked between December 10<sup>th</sup>-16<sup>th</sup> 2022 will incur an increased entry fee.**

### Mail Entry Form to:

**Creative Living Competitions** – Preserved Foods  
Florida State Fair  
P.O. Box 11766  
Tampa, FL 33680

**Make checks payable to:** Florida State Fair Authority

## Delivery of Entries

- **All entries must be delivered to the Florida State Fair Authority on either:**  
Thursday, January 12, 2023      9:30 a.m. – 6:00 p.m.  
Friday, January 13, 2023      9:30 a.m. – 6:00 p.m.  
Saturday, January 14, 2023      9:30 a.m. – 4:00 p.m.

### • Deliver entries to:

Florida State Fair Authority  
Florida Center Bldg.

**Enter off of Martin Luther King Blvd. thru the MLK entrance on the south side of the fairgrounds.**

**Map with directions to the Florida Center available on the Creative Living Competitions webpage.**

- Entries arriving at the Fairgrounds after Delivery and Shipping Deadlines may be disqualified.

## Shipping Information

- **Shipped entries must arrive no later than Tuesday, January 10, 2023.**
- Include a **Shipping Form**, available at the bottom of the [www.floridastatefair.com](http://www.floridastatefair.com) on the **Creative Living Competitions** webpage. Shipments missing their form will be returned COD after the Fair.
- **Shipped entries, with Shipping Form to:**  
Florida State Fair Authority –  
Preserved Foods Competition  
4800 US Hwy 301 North  
Tampa, FL 33610.
- Entries are shipped back to exhibitors after the Fair in the same container. Use reusable shipping containers.
- Return shipping costs are the responsibility of the entrant.
- **Return shipping options:** Prepaid shipping label, UPS or FedEx account.

## Retrieving Entries

- See the calendar for Pick Up dates, times and locations (page 1).
- Entries not picked up on designated dates can be arranged for special pick up appointment by emailing [brenda.gregory@floridastatefair.com](mailto:brenda.gregory@floridastatefair.com).
- All entries not claimed by September 1st of the same year will be recycled, disposed or donated through our program department.



## General Rules

### Disclaimer

Please be advised that competitive exhibits are entered at the exhibitor's risk. The Florida State Fair does not insure and is not responsible for any loss, damage, or theft of entries, even if the loss, damage, or theft occurs as the result of the handling of the exhibit by staff, volunteers, contractors and/or visitors. If the exhibitor desires insurance coverage, this coverage should be secured from a personal insurance agent prior to entry and the policy written to cover the period of exhibition and transportation. Reasonable care will be taken to prevent loss or damage to exhibits. Unauthorized persons are not permitted in the building after closing hours.

### Division/Class Cancellation

The Florida State Fair management reserves the right to return entries and cancel any division or class in which, in its judgment, the entries are insufficient to secure adequate competition.

### Entry Errors

Florida State Fair management is not responsible for finding errors in entries. Exhibitors are responsible for any and all errors which were submitted online or on entry and summary forms. No exhibitor shall be entitled to an award which has been disallowed as the result of his own error. The Florida State Fair management shall withhold the payment of awards for exhibits that are ineligible and may recover awards that have been paid for ineligible entries that are disclosed during post audits of Fair records. However, exhibitors with cause are entitled to question the validity of any disallowance. Such exhibitors should inform the Florida State Fair management immediately, in writing, giving their name, address, complete description of the entry and the reason for requesting reconsideration. Requests will not be considered later than ninety (90) days after receiving notice of disallowance.

### Premium Payments

Premium Awards will be paid according to the Judging Criteria Record Sheets, not according to the placement ribbon attached to the entry. Sometimes placement ribbons may be attached to an entry through mistake, or may be misplaced, or lost.

### Substitution

Substitutions changes if necessary, must be within the same department by the original exhibitor. Substitutions must be completed the last day of the entry delivery period. The Florida State Fair or its judges may disqualify entries, or reclassify an entry to the correct class if it is not a true representative of the division or class in which it is entered. You cannot transfer your entry to another exhibitor.

## Previously Entered Entry

Any entry that has been exhibited at a previous Florida State Fair is not eligible for entry in this year's Florida State Fair. This excludes Horticulture & Aquarium Beautiful entries.

### Verification

Exhibitors wishing to verify that the Florida State Fair has received submitted entry forms and fees must include a self-addressed/stamped envelope when submitting entry forms. Online submissions will receive a confirmation code once entries are submitted.

### Responsibility

The Florida State Fair shall not be responsible for exhibits remaining on the fairgrounds after designated release times. All still exhibits or display elements remaining on the Fairgrounds after the designated release time will be treated as abandoned property and will be disposed of on or before September 1st of the same year.

### Removal of Entries

An exhibitor may not remove his or her entry from the Florida State Fair once it has been accepted. Entries must be on exhibit at the official opening of the Fair or at any other time specified in the Competition Handbook and shall not be removed from the Fairgrounds prior to the release date printed in the handbook, except (at the discretion of the Florida State Fair management) in cases of positive evidence of sickness, accident and/or death, or other circumstances that are in the best interests of the Fair.

### Dishonored Checks

A penalty of \$25.00 per dishonored check must be paid if a check in payment of entry fees or other applicable fees is refused by the bank. Only cash, certified check or money orders are acceptable for penalty payment.



**The 2022 Preserved Foods Best of Show  
was Sharon Relford.**



# 2023 Florida State Fair Preserved Foods Recipe Form Guidelines

PLEASE COMPLETE THIS FORM AND BRING WITH ENTRY

ALL RECIPES BECOME THE PROPERTY OF THE  
FLORIDA STATE FAIR INCLUDING PUBLICATION RIGHTS.

If shipping, please  
include your recipe  
with entry.

Ship to:  
**Florida State Fair**  
Preserved Foods  
Competition  
4800 U.S. Hwy 301 N  
Tampa, FL 33610

## Preserved Foods Recipe Form Guidelines

Entered items must be accompanied by the attached recipe form.

- **Type or print legibly.** Winning recipes may be included in future Florida State Fair Cookbooks.
- Entries must include the name of the exhibitor, title of the recipe, labeled with the name of the food, the date preserved, and the method of food preservation.

### Examples:

1. Peaches, hot pack, boiling water canner, 20 minutes. July 13, 2022.  
Recipe: ...
2. Spaghetti sauce, hot pack, pressure canner, 11 pounds pressure, 45 minutes. July 14, 2022.  
Recipe: ...
3. Dried peaches, electric dehydrator. June 6, 2016. Recipe: ...

- List the source of your recipe, if you did not create it totally by yourself
- If the food is canned, the recipe must state whether the food was hot or raw packed, boiling water or pressure canned, the process time, and the pounds of pressure if pressure-canned.
- List all ingredients in order of use.

### Use standard abbreviations for measurements:

**T. or tbsp.** — tablespoon  
**tsp.** — teaspoon  
**c.** — cup  
**pt.** — pint  
**qt.** — quart  
**gal.** — gallon  
**oz.** — ounce  
**doz.** — dozen  
**lb.** — pound

**pkg.** — package  
**env.** — envelope  
**opt.** — optional  
**reg.** — regular  
**lg.** — large  
**med.** — medium  
**sm.** — small  
**ctn.** — carton or container

- Include container sizes, for example, 8 oz. can or 1 lb. package.
- A judge needs to know if the proper amount of citric acid, lemon juice or vinegar has been added to canned tomatoes, for example. The judge also has to know whether certain foods have meat, low acid vegetables, starches, etc. added.
- **Canning:** Instructions should be in paragraph form, not in numbered steps. Use the name of the ingredients in the instructions versus using statements like stir the first 4 ingredients together.
- Include temperatures and times for preservation method used.
- Be consistent in the spelling of the title of your recipe.



# 2023 Florida State Fair Preserved Foods Recipe Form

PLEASE COMPLETE THIS FORM AND BRING WITH ENTRY

ALL RECIPES BECOME THE PROPERTY OF THE  
FLORIDA STATE FAIR INCLUDING PUBLICATION RIGHTS.

If shipping, please include  
your recipe with entry.

Ship to:  
**Florida State Fair**  
Preserved Foods  
Competition  
4800 U.S. Hwy 301 N  
Tampa, FL 33610

Please Print or type (Contact information is used for OFFICE USE ONLY, it is not published in the cookbook)

<input type="checkbox"/> Preserved Food (ADULT) <input type="checkbox"/> Preserved Food (YOUTH)	
Exhibitors Name (First, Last):	
Address:	
Division Name:	Division #:
Class Name:	Class #:
Phone (       )	Email:

## OFFICE USE ONLY

### Place

<input type="checkbox"/> 1 <sup>st</sup>
<input type="checkbox"/> 2 <sup>nd</sup>
<input type="checkbox"/> 3 <sup>rd</sup>
<input type="checkbox"/> Best of Show (Adult)
<input type="checkbox"/> Best of Show (Youth)

## Name of Recipe

### Recipe guidelines:

On a separate sheet of paper type or legibly write out your recipe. Staple the recipe to this form. If you used a computer to type your recipe, please save it to your computer. In the event that you are asked to contribute your recipe in a future cookbook, you will be able to quickly send us your recipe in a document.

### Sample of Recipe format

#### Guava Pepper Jelly

by Carol Barker

**Date of Preservation:** December 5, 2022

**Method of Food Preservation:** Hot pack, boiling water canner, 5 minutes

#### Ingredients:

3 ½ c. guava nectar

5 tbsp. powdered pectin

7 c. sugar

½ c. lemon juice

1 tsp. butter

1 c. jalapeno peppers, finely chopped with seeds

#### Directions:

Make sure jars are sterilized and ready to go. Keep jars hot until ready to use.

Combine fruit juice, jalapenos, lemon juice, butter and pectin into 6-8 quart saucepan. Place on heat and stir continuously while bringing to a full boil. Gradually add sugar, stirring well to dissolve.

Bring to a full rolling boil that cannot be stirred down, stir continuously and continue to boil and stir for 2 minutes. Remove pan from heat. Ladle into jars leaving ¼ inch space at the top.

Use a damp cloth to wipe the jars and threads clean, then immediately cover jars with lids and screw on firmly. Place in boiling water bath setting jars on rack in the canner, water should cover jars by 1-2".

Cover canner and return the water to a boil for 5 minutes, then remove jars from canner check seals and store in a cool dry place. Yield 9 half-pint jars.

**Source:** Ball Complete  
Book of Home  
Preserving for Today



2023 Florida State Fair

# Preserved Foods Competition Entry Form

## OFFICE USE ONLY

Exhibitor # \_\_\_\_\_

Late Entry ☐ YES ☐ NO \_\_\_\_\_

Total Fee \_\_\_\_\_

Paid ☐ YES ☐ NO \_\_\_\_\_

Type ☐ Cash ☐ MO ☐ Check \_\_\_\_\_

Check No. \_\_\_\_\_

**Entry Forms must be postmarked by Friday, December 9, 2022.**

**Late Entry Period: December 10th – 16th, 2022 (Double Entry Fees)**

Failure to complete any portion of entry form may result in disqualification.

Please print legibly

Exhibitors Name (First, Last)		
Mailing Address		County
City	State	Zip Code
Phone (       )	Email	

**Entry Fee:** Adult Division \$3 per entry | Late entry \$6 per entry

**Exhibitors may enter as many classes as they like, but only two (2) entries per class.**

**Late Entry**

☐ YES ☐ NO

#	DIVISION #	CLASS #	TITLE OF THE RECIPE	FEE
1				
2				
3				
4				
5				
6				
7				
8				
Total Amount Due				\$

I hereby certify that I have read the Florida State Fair General Rules for the Competitive Exhibits Program (Page 6) and the above item(s) is/are entered for exhibition strictly in accordance with these rules, by which I agree to be governed. I also agree that the Florida State Fair may use my name, likeness, or photograph (including, but not limited to photographs of my entry), in any manner relating to my participation in the Competitive Exhibits Program, free of charge and without further notice or consultation.

I understand that the 2023 Creative Living Competitions & Exhibits are held in conjunction with the 2023 Florida State Fair and agree that the Florida State Fair is not liable or responsible for any delay, change of dates or cancellation of the 2023 Florida State Fair due the following unforeseeable circumstances: (a) acts of God; (b) flood, fire, earthquake; or (c) other potential disaster(s) or catastrophe(s), such as epidemics, pandemics, or explosion.

Signature of exhibitor

Date

### Mail Entry Form to:

Creative Living Competition – Preserved Foods

Florida State Fair

P.O. Box 11766

Tampa, FL 33680

**Make checks payable to:** Florida State Fair Authority